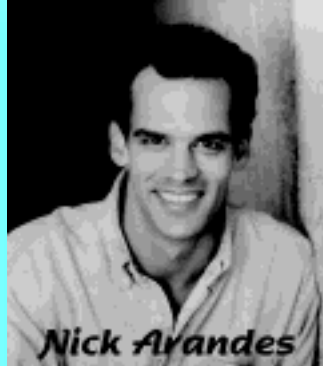


# All Your Dreams Are Meant To be Fulfilled!

by



He also created "BigMoneyMadeEasy.com" at:

<http://www.BigMoneyMadeEasy.com>

It contains free wealth strategies geared towards helping you realize that your financial dreams are possible not by employing hard work at all, but by doing something that brings you joy. Remember, prosperity does not manifest itself simply by doing something you love. You must also learn how to profit from it by releasing your judgments and fears that stops you from doing so.

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**"It is highly thoughtful."** Dr. Deepak Chopra, M.D., best selling author of The Seven Spiritual Laws Of Success, Quantum Healing, Ageless Body, Timeless Mind, The Path To Love and Creating Health.

**"You certainly paint some memorable images."** Louise L. Hay, best selling author of Your Can Heal Your Life and The Power Is Within You.

**"We certainly admire your enthusiasm."** Jan & John Randolph Price, best selling authors of The Other Side Of Death, Angel Energy, The Abundant Book and The Superbeings.

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### **WORDS FROM THE AUTHOR**

I wrote this book for the sole purpose of uplifting the human spirit providing hope and encouragement. I would like to acknowledge that what I sometimes refer to as God has nothing to do with any religious affiliation or denomination. It is simply the name I have chosen to call that Infinite wisdom that created us and provides all of the things we need in order for us to manifest our dreams.

The name is irrelevant. You can name it Spiritual Source, Higher Consciousness, Subconscious Mind, Providence, Absolute, Buddha or whatever name you choose. What is important is to understand that this source is real and that we have it

available whenever we desire. If a moment of uncertainty, fear or doubt arises in your mind, simply remember that YOU ARE NOT ALONE.

Every dream we have in our awareness is God's vision expressed through us. Basically when you have a desire in your heart, it means that a decision has already been made for you. Therefore, all you have to do is to move towards your vision. The Creator will be with you along the way for His desire is for you to be happy & fulfilled.

### **Words Of Wisdom**

When I was a kid the most painful thing for me was to be ignored. Now that I'm older, I wonder how God must have felt after ignoring Him for so many years.

-Nick Arandes

All that the Father has is mine.

-John [16:15]

### **INTRODUCTION**

We all have an underlying purpose in life. It is to give and to share our love, abundance and wisdom with all humanity. We also have unique talents that gives us the opportunity to express ourselves, allowing us to serve humanity with our gift. Whether it is by becoming the president of a corporation or becoming a doctor, accountant, computer programmer, engineer, mechanic, sales representative, teacher, dancer, actor, musician, comedian, preacher, farmer, pilot etc., we all have a deeply rooted desire that is always seeking outside expression.

Our life is filled with energy and vitality when we are fulfilling our purpose. Our heart is so full of gratitude and generosity that the overflow of love and happiness will leave us no choice but to share it with others.

The challenge for most people is that instead of doing the things they love, they are doing the things they were told they should do. Therefore, their lives seem so empty and meaningless because they have become victims of society's social conditioning. They carry within themselves that feeling of unhappiness wherever they go. Even when some of them are "financially independent," they do not understand their feelings of emptiness and dissatisfaction which in many cases leads them to self defeating behaviors such as addictions, depression and sometimes suicide.

Happiness, love and gratitude comes as a result of sharing our gift with others. It does not matter what age we are nor our present situation or financial circumstance. We always have the power to make a decision to live the life we have always dreamed. It is never too late. It is our BIRTHRIGHT.

The following chapters will serve as guidelines in the fulfillment of your heart's

desires. The fact that you are alive means that **ALL YOUR DREAMS ARE MEANT TO BE FULFILLED.**

### **Words Of Wisdom**

The secret of success is constancy of purpose.

-Benjamin Disraeli

Creativity does not come from us rather through us.

-Nick Arandes

## **Chapter I LETTER TO A FRIEND**

Dear Friend,

I want to share with you the quote which I live by. "Every adversity carries the seed of an equal or greater success." No matter how challenging things appear to be, when an adversity comes along, my automatic reaction is, "This is great!" Because it means that something fantastic is about to happen. If you sit and think for a minute, you'll realize that every time there is a setback in your life, it will be followed by something better.

Even if your outcome is different from the one originally expected, the new one is always better. Understanding this is very important because it will keep you motivated even through your most challenging situations. The truth is, the seeming challenges we sometimes have to face in our lives, are not designed to discourage us but to prepare us for our next step on the ladder of success. Remember, if you cannot handle the small stuff, the bigger stuff can be overwhelming. Most people want to get to the top of the ladder right away. Unfortunately, the ones who do are the ones who fall the quickest and the hardest. Why? Because their foundation is not solid.

Your dream, believe it or not, is already in progress. I will take it one step further. Your prayer has already being answered. What happens is that it is on a different dimension. All it is doing is simply waiting for you to make the decision to bring it from the mental into the physical. By focusing on your vision, you become like a magnet, where people and circumstances will be drawn to you, facilitating the attainment of your dream. I call them gifts from the Holy Spirit. This is something I have seen work for me over and over in my life.

So sometimes when it seems as thou our prayers are not being answered, the truth is, they already have. Our blessing is simply waiting for us to create the space in consciousness to receive it. Think about it. What is the point of praying for an airplane, if you do not even know how to fly it. First, take flying lessons, and then, not only will you receive the airplane you have been praying for, but you will also

have an idea of what kind of airplane you would rather have based on your experience as a pilot.

Most importantly, remember to always enjoy the journey. The journey is what is happening on a moment to moment basis. The formula for a happy and joyous existence is to learn to make the best out of each and every moment.

Another thing I would like you to keep in mind is that in order for you to achieve your dream faster, please pay close attention to what I am going to say. As I have already mentioned, every adversity carries the seed of a greater success, only if instead of dwelling on the adversity, you approach it with a positive attitude and a solution oriented frame of mind. This type of attitude helps you keep your creative channels open so that a flow of ideas can come through uninterrupted by worry or anxiety.

A negative attitude, on the other hand, not only will block your creativity, but will also draw into your life more adversities until the lesson has been learned. There may be many lessons for us to learn in any particular situation, but there is one that remains constant, and that one is, do not focus on the problem. A solution oriented frame of mind allows us to expand. We are here to grow spiritually, mentally and physically. The people who stop growing are six feet under the ground either physically or mentally.

Life is here for us. When something is not working or a result has been delayed, life is probably telling us that we are not ready for it yet. When we are presented with things we cannot handle, the results can be catastrophic. If you have any doubts, think of these names: Marilyn Monroe, Elvis Presley, John Belushi, Freddy Prince and if any other name comes to mind, fill in the blanks. They all got what anyone would have dreamed of, unfortunately, they could not find fulfillment.

Keep that positive attitude and keep on moving forward because no matter what happens or what goes on around you, nobody can take away your character and dignity. Your circumstances may sometimes be determined by many factors but your attitude towards them is determined by you. Finally and most important, let that inner wisdom guide you. Trust in it without question or doubt in your mind. There will be times when you get a hunch, an intuitive sign. Follow it with full faith and trust. Do not permit the illusion of the physical world to throw you off. And do not let anybody's opinion tell you the opposite because only you know what is best for you.

I am closing this letter by wishing you all the best. And may all your dreams and wishes come true.

**Nick Arandes**

## **Words Of Wisdom**

If someone told you that you can't do something and you chose to believe it, does it ever occur to you that you may be wrong?

-Nick Arandes

I may not understand why bad things happen to good people or vice versa, all I know is that things happen to people who believe they deserve them.

-Nick Arandes

## **Chapter II THE MYTH OF RISK**

### **PART ONE**

Ask yourself the following questions.

1. Is my life filled with joy, happiness, prosperity, health, abundance and freedom?
2. Are all my dreams and material desires fulfilled?
3. Is my life filled with harmonious personal relationships, including family and friends?
4. Do I believe in that Infinite Wisdom that created me and provides everything I need in order to live a life filled with joy, happiness and prosperity?
5. Do I TRUST, in that Infinite Wisdom?

If you answered "yes" to all the questions asked you are acting based on your true nature. However, If your answer was either "no," or "part of my life is working and part of it is not," you may be afraid of the myth called risk. Most people say yes, when asked if they believe in God or a Higher Power. The key question is: Do they trust in that Power? Do they trust in that infinite intelligence that created us and provides everything we need for the fulfillment of our heart's desires?

This is extremely important because it will allow us to understand the true meaning of the word "risk". When we were born, we were meant to live a life filled with love, joy, peace, prosperity, radiant health and harmonious relationships, not because these are things we were meant to acquire through some kind of hard work or strenuous effort, but because those characteristics are part of our true nature. Unfortunately most of us have forgotten who we are. We have bought into the social hypnosis which says that all we are is a physical body filled with limitations and we have confined ourselves to the prison of our self imposed limiting ideas about ourselves and about life.

A lot of people live a life filled with lack and limitation because they fear risk. Fortunately, risk does not exist on a truly spiritual level. It is only an illusion we have collectively fabricated. The universe express itself through our hearts, not through our intellect. I am not implying that there is anything wrong with the

intellect. But we must remember that the intellect is in the mind, it has to do with understanding and reasoning, from the acquisition of knowledge. Therefore, in order for it to be useful, it has to be based on absolute truth. We can rationalize literally anything just to fit our limited perception of how things should be.

When we follow our heart's desires, when we listen to our INTUITION, there are no risks involved because the intuition already knows the truth. Even when the physical level of existence reflects just the opposite, we are safe. That is the true meaning of trusting ourselves. Remember that when you have an intuitive signal, it means that all the pieces of the puzzle have been properly arranged. That is something that the mind cannot figure out. The conflict begins when our capacity for reasoning, "our intellect," gets in the way. When we try to figure things out, we get scared because we are unable to see the whole picture. So instead of listening to our inner voice, we listen to the voice of fear. The mind tries to see the map while your heart already knows it. Therefore it is telling you, "follow my guidance. I have already lay it all out for you. All I want you to do is to trust me and move. Believe me, "you are safe."

The voice of fear is full of judgment, definitions and labels that people have created for the sole purpose of justifying and trying to find a meaning out of everything that happens on the material level of existence. If someone cannot calculate it, measure it or rationally understand it, then most people automatically begin to think that it must be an illusion. It probably does not exist. What people must understand is that the illusion is the physical level of existence. Because of the fact that through our physical senses we can immediately access the material level, it only reinforces the illusion we live in. In order to get in touch with our true self, (the spiritual self), in order to tap into that infinite source of happiness and fulfillment, we have to transcend.

When we transcend from the physical to the spiritual level, where there are no judgments, labels or definitions, we become more trusting. When we begin to listen to our own intuition, the path of success, love, happiness and true freedom begins to unfold before our own eyes. Highly successful people have come to the realization that they are not alone, and that there is an infinite guidance that leads them where they want to go and helps them achieve their desires. That is why they are not afraid to take risks, because they understand the fact that they are guided by a Divine wisdom that only speaks through the heart.

This Divine Spirit can neither be measured nor calculated. You can only feel it. The more you learn to trust your Higher Self the more you realize that risk is only a myth. The only way you can proof to yourself the validity of what I have just said is by taking immediate action.

The following short story entitled THE DARK ROOM, will provide a better understanding of what I have been saying. In the story:

1. The individual represents our own self.
2. The dark room represents a present job, a dissatisfying personal relationship, any particular situation that we need to change in our lives but are afraid to take a step forward.
3. The feeling or (intuition) that the individual in the story receives comes from the infinite wisdom. It represents true knowledge.
4. Doors A & B represent choices and their respective signs serve the sole purpose of challenging the intellect.

Imagine a dark room where there is an individual sitting on a chair facing two separate doors-door A and door B. Door A has a sign that reads, "If you can not handle what is on the other side, it can destroy you." Door B has a sign that reads, "There is something powerful on the other side."

This individual has three choices:

1. He can go through door A.
2. He can go through door B
3. He can stay where he is.

The challenge is that he is very unhappy inside that room. He wants to get out but he is afraid to take the chance. On the other side of door A, where the sign reads, "If you can not handle what is on the other side it can destroy you," there is a suitcase with \$1,000,000 inside. Behind door B, where the sign reads, "There is something powerful on the other side," there is a hungry tiger that can tear him apart in seconds.

This person begins to figure out what to do. In other words, he is trying to intellectualize his choices. As he glances at door A he gets a strong feeling, an urge to go for it. Because of fear and doubt generated by his intellect he decides to wait. Instead of acting upon his intuition, he refers to his reasoning because he wants to play it safe. He finally decides to go through door B where there is something powerful, as opposed to door A where he may take the chance of not being able to handle what is on the other side, even when that is what his intuition told him. Relying only on the faculties of the mind can sometimes lead us to make decisions based on fear. In this particular case a rational decision not based on fact but on a simple perception directed him to make a choice that cost him far more than what he would have expected.

As you can see, your intuition already knows what is on the other side of any door you may be presented with. It knows the truth. It wants only the best for you. So when you follow your heart, you are not taking a risk at all. You are not moving

from the secure to the insecure. You are moving from the familiar to the unfamiliar. The unfamiliar does not mean that it is unsafe. It simply means that it is a new experience for you. On the other hand, if you do not listen to your higher self and decide to figure things out on your own, then you are taking a risk. So hurry up and finish this book so that you can begin to move in the direction of your dreams. Your dreams are not waiting for you to chase them, they are simply waiting for you to move so they can greet you.

You have to realize that the guarantee for a happy and successful living has already been granted the moment you were born. The only thing required is to TRUST.

**BECAUSE WHERE THERE IS TRUST THERE IS NO FEAR,  
WHERE THERE IS NO FEAR THERE IS LOVE,  
WHERE THERE IS LOVE THERE IS GOD,  
AND WHERE GOD IS, IS THE SAFEST PLACE TO BE.**

Trust yourself. That Infinite wisdom that created you only wants you to be HAPPY & FULFILLED.

### **Words Of Wisdom**

A child sees the world as it is. An adult sees it as he/she wants.

-Nick Arandes

You begin by dreaming about acting, then you start acting upon your dream, the result, a Standing Ovation.

-Nick Arandes

You can either take a chance and succeed, or you can safely fail.

-Nick Arandes

### **Chapter III SUCCESS STORY**

John and Larry are both placed in two separate cells surrounded by a very thick cement wall because their beliefs in freedom differ from their communist government. They both want to escape. As a practical joke, the government gives them each a very small hammer and promised that if they manage to free themselves, they will be allowed to go.

Despite the situation, John begins to hammer the wall, day in and day out, very enthusiastically. Meanwhile, Larry is too busy complaining that it is going to be impossible, so why bother? About a month later something magical happened. In each one of the cells a big hammer appeared. Even with the bigger hammer, the task will be practically impossible. It would take a single human being almost a lifetime. John, instead of feeling upset because Larry received a bigger hammer without doing any work, is very thankful for what he has received, while Larry continues to

complain because the bigger hammer is still not going to be enough.

Now something interesting happens. There is a big earthquake. As a result of John chiseling the wall, the structure of the cement wall weakened enough so that the earthquake finished the job. John begins to enjoy his wonderful freedom, while Larry remains in his cell.

## **LESSONS TO BE LEARNED**

**FIRST LESSON** No matter what your present situation may be, just move in the direction of your vision. Even if you cannot foresee how your desire can be manifested, begin to act now because the Universe will provide you with everything you need. Trust the infinite wisdom of the Almighty by following your heart's desires.

Most people are so attached to the physical level of existence that they forget about the spiritual aspect of themselves. That Infinite Source that created us is within us and provides for us all that we need in order to achieve our dreams. "Even the Spirit of truth; whom the world cannot receive, because it seeth Him not, neither knoweth Him: for He dwelleth with you, and shall be in you." John [14:17]

John knew deep in his soul that if he began to act right away, regardless of whatever tool he may have at hand, or his present circumstance, he will be properly rewarded. Larry, on the other hand, was waiting for the right tool before he even began. That is what some people do. They sit down and wait for the right job, opportunity, money, whatever the excuse may be, not realizing that we are the ones who manifest the things we want. We do so by acting NOW. And we simply learn as we go along. You do not have to know how you will be provided, John had no idea how he would find his freedom, all he needed to know was that God would help him as long as he helped himself.

If you wait for the right job, opportunity, the right amount of money, etc., before you take any action, you will remain in your own prison for the rest of your life.

**SECOND LESSON** Be grateful for everything you have. The more you learn to appreciate what you have now the more rewards you will receive tomorrow. John was very thankful because at least he had something he could begin to work with. An attitude of gratitude brings forth more opportunities. It is like saying that the more grateful you are for what you receive, the more the Universe wants to give to you.

A lot of people live a life of dissatisfaction. They do not like their careers, their income, their spouse and more and more they seem to experience more of what they do not want. They do not realize that if they do not begin now to be thankful for what they have, nothing better can be provided.

If there is something we desire to change in our lives, pushing it away is not going to solve it. It will simply fuel it, making it look more real to us. We have to remember that everything in our life is simply reflecting back to us our present level of awareness. The trick is to learn to love our present situation for it is also reflecting back to us the parts of our lives where growth needs to take place. As a new awareness is cultivated, the new external circumstances will follow. Then we can look back and truly see the blessing of it all.

**THIRD LESSON** Never feel any resentment because of what others receive, whether they deserve it or not. Concern yourself only with making your life work and helping others to do the same for themselves. We live in a perfect universe. God knows what She/He is doing. John was not distracted by the fact that Larry received a bigger hammer despite not doing any work at all. Focusing on that fact, would have been wasted energy for John, which in turn would have slowed him down or stopped him completely. John is free while Larry remains in the cell.

### **THE UNIVERSE IS LOVING AND ALWAYS FORGIVING**

Even when Larry complained and did not do any work, the Universe still provided him with a bigger hammer. Why? Because God always forgives us and presents us with new opportunities. I am not saying that Larry was in need of forgiveness because the truth is God never condemns anybody. All I am saying is that as we gratefully take advantage of our present opportunities, the Universe will provide us with more and better ones.

This means that Larry is not destined to remain in the cell for the rest of his life if he chooses not to. He will always have the chance to free himself the moment he begins to move, using the tools he has been provided with. With faith and persistence, the unconditional love of God will always be with him, helping him along the way to his own freedom.

### **Words Of Wisdom**

Great things are always happening all around us, but we only noticed them when we are ready.

-Nick Arandes

Your Father knows what you need before you ask Him.

-Matthew [6:8]

### **Chapter IV OPPORTUNITY**

Picture yourself in the middle of an empty field with nothing but a black curtain. You do not know what is on the other side of that curtain. All you know is that you

no longer want to be on that empty field. The challenge is that you have always lived in that empty field therefore, you feel safe. You may be telling yourself that you are really waiting for an opportunity to get out but it never happens. One day you got tired and said to yourself, "I can't take this anymore, I have to get out of here." Your only choice is to go through the black curtain. The moment you do, you notice that behind that curtain there are three doors. That means three different opportunities.

Feeling more courageous now, you open one of the doors only to find out that behind that door are seven new doors which means seven completely different opportunities. The more doors you open, the more opportunities arises in your life. All of a sudden your life changes from an empty field to a field full of choices and opportunities. You feel joy and happiness because of what you have discovered. Yet, at the same time, you feel sad because the fear of going through that curtain had prevented you from all the wonderful gifts life had in store for you throughout the years.

All the abundance life has to offer is waiting for you. Every single one of your dreams are just a few doors away. All you need to do is to take the first step and open the first door. THAT'S ALL.

### **THE MESSAGE**

Settling for second best or finding ourselves immobilized in a current situation can make us feel stuck in life. It could be a present job, a worsening personal relationship, whatever the case may be. This usually happens because of fear of the unknown. Our fear is reinforced by the illusion of a material realm that can only be perceived through our physical senses. For most people the inability to see opportunities before hand makes them scared. What we have to understand is that opportunities are out there waiting for us to make a move.

That black curtain filled with doubt and fear is nothing but an imaginary shield that prevents people from seeing the opportunities and the infinite choices they have. Life is a wonderful journey. As we move forward, life creates new paths. The moment we stop growing, we return to that empty field. If fear of the unknown does not allow you to take a step towards the realization of your dreams, just remember these words by Goethe:

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of creation, there is one elementary truth-the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then Providence moves, too. All sorts of things occur to help one that would otherwise not have occurred. A whole stream of events issues from the decision raising in one's favor all manner of unforeseen incidents and meetings and material assistance, which no man would have dreamed would come

their way. Whatever you can do, or dream you can, begin it now. Boldness has genius, power and magic in it.

**Begin it now!**

### **Words Of Wisdom**

The difference between a positive thinker and a positive doer, is that the positive thinker thinks too much.

-Nick Arandes

Opportunity reveals itself once you have taken the first step.

-Nick Arandes

## **Chapter V**

### **THE MAGIC OF YOUR BELIEFS**

#### **"If you believe it, it is true for you"**

Yes, beliefs are like magic, because in order for us to manifest things in our lives, we must believe. I realize it sounds simple, and believe me, it is very simple. Living life with this philosophy does not have to be difficult. After all, we were born that way. It is the way life was meant to be. To love and be loved, to enjoy, to achieve our dreams, to have our needs met.

The Universe wants to fulfill all of our desires. But what needs to be understood is that in order for us to live this kind of life, we must eliminate all sense of doubt we have incorporated into our belief system throughout the years. All that F.E.A.R. meaning "false evidence appearing real" -- and the tendency to focus on it -- is what creates conflict in people's lives.

A lot of individuals who see a therapist are very good at complaining about the things that are not working in their lives. Instead of working towards a solution, they are too busy focusing on the problem, and consequently, they experience more of the problem. The reason this is important is because the mechanics of creation simply listens to our request and begins immediately to execute our command. And the command is based on our beliefs. So if a person believes that his or her life is not working, what do you think that individual is going to create? Circumstances that will justify his or her point. So we must be aware of what we are creating at all times.

I used the word magic instead of power in naming this chapter because beliefs are extremely powerful--almost mystical. At one point they were very difficult to explain at a purely physical level. Now with Quantum Physics most of this phenomena can be explained and even measured. For example, there was a time when it was thought that the universe was a combination of matter separated by empty space. Now science has come to the realization that what appears to be an empty space between matter is nothing but a field of energy and information. The

seeming empty space between you and I, regardless whether we are in opposite parts of the globe, is a field of energy and information where the primordial components of matter lies. In other words, you and I are individualized expressions of the field which has taken physical form while the seeming empty space is the potential for anything to manifest into physical form. So whether it may appear to you that we are separated because we are in different parts of the world, the fact that we are made of the same source, and that source is the invisible space between you and I, the truth is, we are connected. The great masters such as Christ, Buddha, as well as many others, they all knew that there is no separation, even when that is what appears to the naked eye. They knew that we are all connected for we are all expressions of the very same source.

The way we can affect the behavior of the field is through our conscious awareness of it. Our beliefs are very powerful and holds the key to influence the field. Teachings like "it will be done unto you according to your faith," or "...even the least among you can do the works that I do and even greater works than these," [John 14:12], are based on the power of your beliefs. Through their teachings and examples like the miracles of Jesus The Christ, we have been taught that we have the potential within us to become miracle makers. Regardless of what science may say they have discovered, the truth is that there is nothing new to discover. All we have to do is to recognize who we really are. We are the pure potentiality to manifest anything we want. And our beliefs holds the key to unlock that potential.

I will attempt to illustrate what my understanding about beliefs are. If you are wondering how I know all this is true, it is because I have experienced it. The only way you will truly understand what I am about to explain is through your own personal experience. If you must see something in order to believe it, then in order to manifest something in your life, you would have to see it first. The problem here becomes obvious. If you want something but cannot see it, how can you possibly believe it? And if you cannot believe it because you cannot see it, how can you possibly manifest it?

As you can see, believing begins the process of creation. Once you create in your mind a clear vision of your dream, and truly believe in the attainment of it, two things automatically happen. First, your mind begins directing your body towards immediate action aimed at manifesting your vision. And second, the spiritual core of your being -- call it God, Higher Self, Higher Consciousness, Subconscious Mind, Universe or whatever you choose -- will orchestrate all the necessary details by providing you with opportunities and circumstances that will allow you to easily manifest your heart's desires.

If you sometimes wonder why the things you desire most have not been manifested in your life, the answer is very simple. Life wants us to have it all. It wants us to fulfill our dreams. But when the things we desire most are not in our best interest, at least not at that particular moment, we meet with a lot of resistance. Sometimes it

seems as if the Universe does not want to make our wishes come true. That does not mean you will not get what you want. You can still get what you want, but you will really have to fight for it. As a result of struggling you may end up with your particular goal along with a few bonuses such as high blood pressure, stress or even a heart attack.

That is what is meant by easily and effortless accomplishment. When we are in flow, meaning not fighting the current, we always seem to be at the right place at the right time. The only way we can become part of the flow is through the process called surrendering. It simply means that when we let go of whatever result we are seeking we are allowing the Universe to orchestrate all the events, trusting that the fulfillment of our desires is in process. That opens up the space not only for our desires, but for something even better to manifest in our lives. And when our desire is ready, it will come to us easily and effortlessly.

For example, have you ever wanted to meet someone and when you least expect it you run into that person? Maybe you wanted to go on a trip, and you held that thought in your head so persistently that somebody ended up inviting you or an opportunity fell right on your lap. Or you wanted to go to a sold out game, and out of the blue, someone with an extra ticket called to invite you. It is as though you become a magnet, attracting people and events that can help you attain your dreams. All you have to do is believe in your vision. We have done this all our lives, but instead of giving ourselves credit for becoming the creators of our destiny, we dismiss all those events as coincidences.

Detachment to a specific result allows us to stay focused in the present moment. Like the old paradox says, when your mind is focusing on the outcome you are no longer in the process, but when your mind is focused in the process the outcome is guaranteed!

I'd like to share with you a personal life experience so that I can illustrate my point. I had been wanting to move to Los Angeles, CA for the last several years. When I finally made the decision back in 1992, I had a few opportunities but every time I pursued them something would happen that would not allow me to leave. Back then I was in the process of writing my first manuscript of a book. In December, 1992 and January 1993, my book was in the early stages of editing. Even when my financial situation was really challenging, I was always able to keep working on it.

I did not have a computer or a type writer. I was doing everything on pen and paper. In February a friend of mine asked me if I was interested in renting an apartment in Los Angeles. (Is that not what I wanted?) I accepted and paid to hold it for two months. Unfortunately, I could not keep paying the rent because financially I hit bottom. (Resistance) I was broke. I even considered filing for bankruptcy.

I never gave up the idea of moving to Los Angeles. I simply understood that there

must be a reason why my dream could not be manifested at that time. (Surrender) That same month, I went to a local comedy club in Miami, Florida. After my performance, the entertainment coordinator for a major cruise line saw me and asked me to call him at his office the next day. Working for the cruise line, they not only took care of all my travel expenses but I was generating between \$800 to \$1,400 a week in income.

Around July of that same year, my grandmother in Puerto Rico became very ill. Because the cruise line had ships in Puerto Rico, they would fly me back and forth between Miami and Puerto Rico so that I could visit my grandmother. Most of the time I would stay in Puerto Rico where I would join a ship for a couple of days and they would fly me back.

In October, my grandmother passed away and I had to take care of the funeral arrangements. Because I am an only child and my mother had died five years prior to my grandmother, all of a sudden I was overwhelmed with many responsibilities. Thanks to the cruise line, I could still make money while I was taking care of things at home in Puerto Rico.

That same month I got a call from a production company in West Palm Beach, Florida telling me that 20th Century Fox was interested in me for a television pilot. 20th Century Fox put me on a holding deal for \$30,000. If I had moved to Los Angeles when I wanted to, it would have been difficult for me to handle the financial responsibilities that came my way.

As you can see, everything in life follows a perfect order. God wants the best for us. The Universe knew all the challenges I was going to face that particular year. But my dream was never denied. Besides, how could it possible be denied when it is not really me dream. It is God's dream. I am just the channel, just as you are, through which desires are transmuted into physical experience. All that was required from me at that moment was to move in the direction of my dream. So what is your dream? Do not concern yourself with details regarding how to make it happen because that is none of your business. Notice how the Universe made my dream come true in a way that I was not even expecting. Not only did I end up moving to California, but I moved with plenty of money in my pocket, a development deal and a manuscript.

Before closing I want you to be aware that when I mentioned earlier in the chapter that I was broke, I could have easily said poor. The reason I chose the words broke as opposed to poor, is because a person who is broke understands that he or she can figure out a way to generate income. On the other hand, someone who is poor has made a decision to remain that way. Poverty has nothing to do with economy or circumstances, it is a state of mind. Believe it or not, it is a personal decision. So be aware of how you talk to yourself.

In January of 1993 I was completely broke financially, ready to file bankruptcy. I had no work lined up, but by the end of that year I had made an annual income of \$44,000. I traveled all over the Caribbean with all expenses paid, I got to stay in Puerto Rico with my grandmother, I ended up with a \$30,000 development deal with 20th Century Fox and relocated to Los Angeles, California. That's the MAGIC of your beliefs!

### **Words Of Wisdom**

If you are able! All things can be done for the one who believes.

-Mark [9:23]

If you believe in reincarnation, then why don't you make this life exciting, at least you'll have something interesting to talk about in your next one.

-Nick Arandes

### **Chapter VI HEALTH**

A brand new race car has been given to a mechanic. The car is in perfect condition, every single part is pristine. It has no defects, zero mileage, and is the most expensive race car of its class.

The mechanic certainly appreciates the present and begins to use it. This car is amazing! It wins every single race! Now the mechanic begins to take the car for granted, and even though he cleans it and has it looking nice on the outside, on the inside he neglects it. He does not change the oil as he should. He uses cheaper brands instead of the highest quality. He replaces old parts with used ones instead of new ones so that he can save some money.

The most important race begins in one week. He tries to get the car back in mint conditions, the same way it was given to him -- something he could have done all along. As the race begins, the car is doing fantastically. Nobody can even get close to it.

The final lap is coming. He is only one lap away from the grand prize of \$30,000,000. He is already celebrating because his car is almost two and a half laps in front of everyone else. All of the sudden it stalls a half mile away from the finish line. There is no way they can restart it.

At this point, the mechanic begins to swear and blame God for all that is happening to him. He does not realize that it is all his fault for not taking care of his car the way he should have.

## **WHAT THE STORY MEANS**

The car represents our physical body. It doesn't matter what this body looks like on the outside because our differences is what makes us unique. What is important is that if we want this body to be good to us, we have to be good to it. We have to take good care of it.

When people fill their bodies with improper food, alcohol, cigarettes or any kind of drugs, they are taking the risk that someday it will create some kind of disease that will make them unable to continue living a healthy life, or any life.

That is why when people end up with an illness at the peak of their career or in the middle of major accomplishments, they wonder how this could happen to them. They love to blame God for their misery, not realizing they are the ones who created it by the way they treated themselves, (the brand new race car given to them at the moment of birth).

People have to understand that that is what free choice is all about. We have been given the freedom to make our own choices, therefore is our responsibility to take proper care of ourselves PHYSICALLY, MENTALLY and SPIRITUALLY.

Along with free choice, we were also provided with everything we need to properly maintain this precious gift. All that is required from us, is to take good care of ourselves so that we can begin helping others to do the same for themselves.

If the mechanic had given the car its proper maintenance, it would have gladly returned the favor. If you do not want your body to fail at the most critical moments, begin to take care of it right now.

## **HOPE**

One great thing the Universe has given us is hope, provided we back it up with belief and faith. In other words, even though the mechanic lost this race, it does not mean that he has to lose the next one.

If he learns his lesson and begins to understand that, in order for the car to do well, he must begin to take care of it properly, he still has the chance to win the grand prize, or maybe something even better.

The Creator has given each and every one of us that same chance. It does not matter what science can or cannot prove. Our physical bodies are equipped with everything necessary to heal itself. Because western medicine has labeled certain diseases as terminal just because they have not found a medical cure, it is sad that most people believe in their diagnosis and decide to give up. There are thousands of documented cases of people who have ridden themselves of many so-called "terminal" diseases,

from cancer to AIDS, just because they believe they could beat it. Unfortunately, the majority do not seem to know or is not willing to open itself up to a new way of thinking. People decide to give up and become another statistic so that science can justify their studies. For most people hopelessness is not based on TRUTH, it is based on NUMBERS. I know this statement is an oversimplification but if you would like a more comprehensive and detailed explanation backed with scientific facts, simply read some of the literature about the mind/body connection. At the end of this chapter and at the end of the book I have included some suggested readings.

I am certainly not implying that anyone should ignore any medical treatment necessary in order to restore any physical imbalance. But by understanding and applying the healing powers of the mind, the healing process will accelerate dramatically. Even when science has given up, a healing can definitely occur. Norman Cousins once said "Drugs are not always necessary, [but] belief in recovery always is."

William W. Watt said "Do not put your faith in what statistics say until you have carefully consider what they do not say."

**THE TRUTH IS, NO DISEASE IS INCURABLE UNLESS THE INDIVIDUAL HAS CONCEIVED IN HIS OR HER MIND THAT IT IS. -Nick Arandes**

If You happen to know of anyone who may be facing a challenging physical illness, here are three outstanding physicians I definitely recommend. The first is Dr. Deepak Chopra, M.D. He was born and raised in New Delhi, India. The son of a prominent cardiologist he attended the prestigious All India School of Medical Science and embarked on a career in western medicine. After graduating, he moved to the United States and completed residencies in internal medicine and endocrinology. He taught at Tufts University and Boston University Schools of Medicine. Dr. Chopra became a chief of staff at the New England Memorial Hospital establishing a large private practice. However, during this time, despite his apparent success, he noticed a growing lack of fulfillment and the nagging question, "Am I doing all I can for my patients?"

It was these doubts which led him to Ayurveda, the ancient science of healing from India. Dr. Chopra immediately realized that here was a system of health care that actually treated the whole person; a system whose guiding principles is that the mind exerts the deepest influence on the body.

Freedom from sickness and aging depends on finding that all important balanced awareness within. He did not abandon his earlier conventional training but extended it to bring together the best of the ancient wisdom and modern science.

In 1992 he was appointed to the ad. Hoc Panel on Alternative Medicine at the

National Institute of Health. In 1993 he became Executive Director of the Institute for Human Potential and Mind/Body Medicine and the chief executive consultant to the Center of Mind Body Medicine, a unique health care facility for stress management and behavioral medicine offering preventive and rejuvenative therapies and complementary treatments for chronic disorders.

As an international expert in mind/body medicine he travels widely giving lectures and seminars and has appeared on major television and radio shows throughout the world.

His Books including *Creating Health*, *Quantum Healing*, *Perfect Health*, *Unconditional Life*, *Ageless Body*, *Timeless Mind*, *Creating Affluence* and *The Seven Spiritual Laws Of Success*, have already been translated into more than twenty five different languages and his audio tape series have been widely acclaimed.

The second Physician is Dr. Bernie S. Siegel, M.D., the author of several best sellers including, *How To Live Between Office Visits*, *Peace, Love & Healing* and *Love, Medicine and Miracles*, is a surgeon in New Hampshire and teaches at Yale University. He is also the founder of ECaP (Exceptional Cancer Patients), a specialized form of individual and group therapy based on "carefrontation," a loving, safe, therapeutic confrontation that facilitates personal change and healing.

Dr. Siegel's remarkable experience led to his desire to make everyone aware of their own healing potential. In 1988, he became president of the American Holistic Medical Association. Dr. Bernie Siegel is not only involved in humanizing medical education and making the medical profession aware of the mind/body connection, but he also travels extensively to lecture and facilitate workshops.

The last but not least Dr. Andrew Weil, M.D., He is a graduate of Harvard Medical School. Dr. Weil has worked for the National Institute of Mental Health and was for fifteen years a Research Associate in Ethnopharmacology at the Harvard Botanical Museum.

He is the author of the #1 National best seller *Spontaneous Healing*, *Natural Health*, *Natural Medicine: A Comprehensive Manual for Wellness and Self-Care*, *Health and Healing*, *From Chocolate to Morphine: Everything You Need To Know About Mind-Altering Drugs*, (with Winifred Rosen), *The Marriage of the Sun and Moon: A Quest for Unity in Consciousness*, and *The Natural Mind: A New Way of Looking at Drugs and the Higher Consciousness*.

He has traveled extensively throughout the world collecting information about the medicinal properties of plants, altered states of consciousness and healing. Dr. Weil is currently Associate Director of the Division of Social Perspectives in Medicine and Director of the Program in Integrative Medicine at the University of Arizona in

Tucson, where he practices natural and preventive medicine.

### **Words Of Wisdom**

Once you open the door, the kingdom of heaven will be revealed to you provided you transcend your present level of awareness. The moment you do, you'll realize that the door has always been open.

-Nick Arandes

Ask, and it shall be given you; seek, and ye shall find; knock, and it shall opened unto you:

-Matthew [7:7]

## **Chapter VII THE MYSTERY MOUNTAIN**

Cindy was a bright, very ambitious young girl, with a vivid imagination. She lived in a little town called Mountain Canyon, which surrounded a very peaceful and quiet lake. At the outskirts of town lay a mystical forest which rose into the magnificent mountain peaks. To the north, there was one particular mountain that stood above the rest. It was so tall that you could see it from miles away. Its beauty was breathtaking. Everyone in town called it "The Mystery Mountain." Every morning on her way to school, Cindy would stare at the mountain top. It made her feel strange - almost hypnotized. She said she could hear voices - as if someone or something was calling her.

Out of curiosity, she asked her father, "Why does everyone refer to that mountain as the Mystery Mountain?" Her father replied, "Because everyone who dares to climb it, never returns." That aroused Cindy's curiosity and her imagination began to run wild. Wanting to discover what was at the Mystery Mountain and why nobody ever returned, she decided to climb it. Now Cindy was a very optimistic little person. While most of the town thought there must be something evil at Mystery Mountain, she believed that it must be something great, and that was why nobody wanted to come back.

When Cindy told a friend she was going to climb the mountain, the word traveled like lightning. Her family threatened to punish her if she even thought about the idea again. Her friends begged her not to do it because it was so dangerous. One thing about Cindy is that she is not afraid to take chances. When she wants something she would go for it. One morning on her way to school, she glanced at the mountain and she had a strong feeling. Her tender heart understood this heavenly voice inviting her up there. So instead of going to school, she aimed for the mountain.

She did not need any special equipment. She just had to be in good physical shape because the climb was a long one. As she began her journey, she encountered a poisonous rattle snake. She got very scared. She did not know what to do. She was

all alone. She had nothing to protect herself with. She was afraid to even scream. Cindy decided to face her fear by ignoring the snake. She started slowly moving away from it. The moment she did, something interesting happened. The rattle snake went the other way. As she kept climbing, many more rattle snakes appeared. But she began to understand that as long as she stayed out of their way, they would stay out of hers. Her fear of snakes vanished.

She began to get tired. She had been climbing for a very long time, and she still had so far to go. At this point, all sorts of things began to go through her mind. She started wondering whether she should continue or not. Then she got that feeling again. Although she was a little confused, she decided to stay on her journey.

The weather changed, and it started to rain. She looked for a shelter and discovered a cave. She went in. All of a sudden she heard a growling noise. It was a big brown bear. It approached her. She started to run as fast as she could. Finally, Cindy was so exhausted, she stumbled and fell. Having no choice but to face the situation, she remembered her father telling her that bears are afraid of loud noises. So she yelled at the big monster. To her amazement, it turned around and ran the other way.

As she kept climbing, she had many encounters with bears, but she was not bothered because she knew what to do. Her fear disappeared completely. She was very close to her destination. Now she could see the mountain top. The Closer she got, the more excited and exhilarated she became. Once again she faced a major challenge. It was getting dark and cold. Her sweater was hardly warm enough to spend the night outside, and she could not go back down the mountain in the dark without getting lost. In desperation, and with tears running down her cheeks, she began to pray. As she prayed, she drifted to sleep. She had a very vivid dream in which she saw herself being cuddled by a beautiful angel.

Cindy awakened the next morning feeling warm and refreshed. She was very close to the mountain top. To get there, however, she needed a rope because that portion of the mountain was very steep and she could easily fall. Instead of giving up, Cindy began to plan her next move. She walked around looking to see if the other side was more accessible. She came around a bend and was surprised to see a young boy sitting on the ground. She asked him, "What are you doing here?" He replied, "I want to get to the top of this mountain." She asked "Why?" He answered, "I don't know." A little hesitant the boy began to talk. "You may think that I'm a little bit weird, but I kept getting this feeling, so I acted upon it. How about you?" Cindy hesitated, but she then realized that he must have felt the same way she did, so she told him. They introduced themselves to each other. His name was Patrick.

Together they tried to figure out how to get to the top. As they brain stormed, another girl appeared. Her name was Nancy. She too had felt the same way. Fortunately, Nancy carried a big rope that would make the final climb possible. Patrick was strong enough to throw the rope so that they could safely climb the

steepest part of the mountain peak. They started helping each other. Once they passed that final obstacle and began their final walk towards the top, an overwhelming feeling of joy and happiness filled their young souls. They saw a sign that read, "Welcome to Heavenly Town." They heard music and laughter as they walked through the most magnificent trees they had ever seen.

Everything they were witnessing, could not be seen from the bottom. As they all passed that enchanted forest, they came upon the most beautiful town - a place one could only dream about. All the houses were big, spacious, artfully decorated and well maintained. They all had beautiful gardens, swimming pools and gigantic backyards. The streets were spotless. But that was not all. As they started to meet the people who lived in that town, they noticed that everyone was very happy. They all shared each other's joys and loved one another unconditionally. They helped and encouraged each other. Everyone was healthy and prosperous. They rejoiced in their occupations.

Cindy, Patrick and Nancy could not believe their eyes. From the moment they entered the town, they were treated as family. Cindy began asking herself, "What did I do to deserve all this?" Then a splendid bright light appeared behind her. As she turned around, she saw the same angel that kept her warm the night she fell asleep. That loving angel invited them to her beautiful mansion. There was a marvelous garden filled with all kinds of flowers, in every color known to man. Next to it was a quiet and peaceful lake with crystal clear water. You could see clear to the bottom where the fish swam freely. The kids were awestruck by the breathtaking view.

After the loving angel showed them around, she said to them, "Now you can ask any questions you want." They all asked the same question, "Out of everyone in our town, why are we the chosen ones?" The angel lovingly replied. "Everyone is the chosen one. But you are the only ones who listened."

### **THE MESSAGE**

The top of the mountain represents our dreams, our heart's desires, and all the riches the world has to offer. What the angel meant by "Everyone is the chosen one, but you are the ones who listened," is that every human being on earth has been chosen to share the wonderful things the world has to offer. The proof is in the fact that we have been given the opportunity to live.

The voice or feeling they felt is the same everyone in the town had felt or heard at different points in their lives. It is the same voice you and I hear when we have a desire we want to fulfill. Unfortunately, only a few of us commit ourselves to turn our dreams into reality. Everyone in town has been invited to the top of the mountain but most people ignore their calling because they are too immersed in the physical level of existence. The voice that is directly connected to our heart's desires is often ignored out of fear.

When we fulfill our desires, our lives take on a whole new meaning. The top of the mountain is available to everyone. But only a few of us who commit to follow our dreams will have the opportunity to experience it.

As Cindy began her climb, which represents the first step towards the achievement of our dreams, she encountered many obstacles. First, it was the snake. She felt scared, like most of us do when we find ourselves in an unfamiliar situation. She could have given up. She could have returned. But her commitment and determination was so strong that she started looking for possible solutions.

As we begin our own journey towards the attainment of our dreams, we will find obstacles. They are not meant to discourage us. They are simply lessons that will strengthen our character, so that when faced with more challenging situations or circumstances, we can handle them more easily. Notice that she had countless encounters with snakes after the first one. But her fear of snakes disappeared. Similarly in life, as we handle more of the same experiences, we will not be overwhelmed by them. They gradually become as simple as riding a bicycle with training wheels. The benefit of that kind of experience as I have said before, is that it prepares us to handle bigger responsibilities as we grow and expand. Think about it, if a person cannot deal with the responsibility of handling a five thousand dollar account how could that person expect to handle the responsibility of a one million dollar account?

Her second encounter was with a big bear. Could you imagine if she would have had that encounter at the beginning of her climb? She probably would have given up. In life, as we all have experienced, everything seems to follow a divine order. Life will never give us something too difficult to handle. Even when sometimes it seems that way, it is our perception of the situation, not the reality.

So as she began to run from the situation, as most of us do at one point or another in our lives, out of exhaustion she fell. She had no other choice but to face it. What did she do? She screamed, and the bear ran away. This is a very important lesson because whenever we try to run away from something, it will follow us until we face it. Again, she had many encounters with bears after that one, but her first experience taught her how to deal with them.

Remember, no matter how challenging the situation may appear in the beginning, once we learn to deal with it, it becomes very simple. The important key here is to always learn from our experiences, because from the acquisition of knowledge we create a strong and solid foundation.

Now Cindy is more than half way through her journey. She is not afraid of bears or snakes and thinks she can handle anything, until nature takes its turn. It gets cold and dark and she has no way to protect herself. She begins to pray and then drifts

into a deep sleep. An angel appears and takes good care of her throughout the night. Though it appeared as a dream to her, it was very real.

Out of all the lessons covered in this story, this is the most important one. As we commit towards the achievement of our dream, there will be times when it seems like nothing can be done and that things are hopeless. However, all of a sudden, something beyond our physical control will happen that will allow us to continue.

That is God's helping hand. It is very important to know that, no matter how difficult or even impossible a situation may appear to be, we will always be guided and supported. We have been conditioned to rack our brains in order to figure things out. I suggest that in moments of chaos, we should sit still and let the answers flow naturally. As we learn to trust that divine part of ourselves, we will begin to see how opportunities will literally fall from the sky that will allow us to carry on. When things like this happen in our lives, it only means one thing, our dreams are waiting for us. They are guaranteed! God wants us to make it.

Back to the story. A little confused because of her dream, but full of energy and enthusiasm, Cindy keeps walking until she almost reaches the top. Now, she is stuck and can go no further, she needs a rope. That is when she meets Patrick. As they begin to talk, she realizes that she is not the only one who gets this feeling. There are more people out there who feel it. Then they meet Nancy. She is just like them, and she had a rope.

What does all this mean? It means that when we start our climb, it seems like we are all alone. As I heard someone once say, "when you go the extra mile, you are all by yourself." What we do not realize is that there are other people climbing that same mountain whom we cannot see until we begin to get closer to the top. At that point, the rest becomes easier because we are supported by people who really understand us. These are the kinds of people we want to associate with. They will certainly help us make the journey much easier.

Highly successful people are the ones who gather at the top of the mountain. They are the ones who were willing to listen to their hearts instead of what others said they should do. The rest remain at the bottom. When Cindy made the decision to climb, she did it regardless of what everyone told her, even at the expense of being punished. Her family and friends represent all the people who will try to discourage us from pursuing our dreams.

The climb may seem lonely at first, but once we find ourselves at the top of our lives, we see that it is not as we thought. Actually, it is not lonely at all. I will not deny that there are more people who choose to remain at the bottom, but the fact is, **WE ALL BELONG AT THE TOP.**

## **IN CONCLUSION**

We are all special. We are fortunate children of the universe. God has chosen each and every one of us so that He can share the inexhaustible riches and wonders of the world. "All that the Father has is mine." John [16:15] The reason most people do not give themselves the opportunity to enjoy these treasures is because of their own ignorance. Most people live in the lie called "material realm," while the so called "chosen ones," live in the "spiritual realm."

These so called "chosen ones" are the ones who committed themselves to live the lives they know they deserve to live.

These so called "chosen ones" are the ones who, in every obstacle, see opportunity.

These so called "chosen ones" are the ones who confront their fears, only to find out that they are but illusions created by their own ignorance.

These so called "chosen ones" are the ones who listen to their inner voice for guidance as opposed to everyone else's opinions.

These so called "chosen ones" are the ones who are always willing go the extra mile, always doing more than what is expected of them.

These so called "chosen ones" are the ones who always find themselves helping others without asking for any recognition, because they understand that that is their true nature.

These so called "chosen ones" are the ones who love everyone unconditionally because they see the beauty and love of God in everyone they meet.

These so called "chosen ones" are completely aware of the fact that, no matter how challenging a situation may appear, they will always be taken care of. Why? Because deep in the core of their beings, these so called "chosen ones" know that **THEY ARE NOT ALONE.**

**I'LL SEE YOU AND WELCOME YOU TO HEAVENLY TOWN BECAUSE  
YOU ARE A CHOSEN ONE.**

### **Words Of Wisdom**

A lot of people see changing diapers as a very disgusting thing as opposed to an act of kindness until someone has to change theirs.

-Nick Arandes

In knowledge resides the power that creates the potential for achieving our dreams, but without action, all we are left with is the potential.

-Nick Arandes

## UNTIL WE MEET AGAIN

I truly hope you have enjoyed my book. I believe that we are all miracle makers. I also believe that the reason the Creator has given us this gift is not so that we can get, but so that we can give. Find your purpose. That talent that you possess that will make your heart sing, whatever it is that you love to do, is your gift to the world.

The moment you make the decision to follow your bliss, many paths will begin to unfold before your own eyes. And remember, use your gift to serve humanity because the more you give, the more you receive. I heard someone once said that the richest place on earth was not the castles, or banks, not even the library. It was the cemetery. There, are many buried treasures. Books that were never written, movies that were never produced, music that was never played, ideas that were never expressed, business that were never developed. Where is your treasure? Is it buried in the depth of your being? If it is, please let it come out because there is a whole world that not only wants to experience the blessing within your gift, but who really needs it.

I'd like to share with you a little poem I wrote entitled Miracles. It summarizes the attitudes necessary for a happy, harmonious, loving, healthy and prosperous living. So remember, live your dreams and everything will unfold right before your own eyes, because;

**With love  
we can move a great mountain,  
with a smile  
we can make it look green,  
with a touch  
we can quiet the ocean,  
with a hug  
we can feel our heart's beat,  
with a kiss  
we can light up the sky,  
with forgiveness  
we can see through God's eyes,  
with prayer  
we can ask for a star,  
with faith  
we can see it go by.**

-Nick Arandes

**SUGGESTED READINGS**  
**SPIRITUAL & MANIFEST YOUR DREAMS**

By **Louise L. Hay**; The Power Is Within You, You Can Heal Your Life  
By **Neil Donald Walsh**; Conversations With God  
By **Marianne Williamson**; A Return To love, Illuminata  
By **Dr. Wayne W. Dyer**; You'll See It When You Believe It, Your Erroneous Zones  
By **Dr. Deepak Chopra**; The Seven Spiritual Laws Of Success, Creating Affluence  
By **Eric Butterworth**; Discover The Power Within You, Spiritual Economics  
By **Shakti Gawain**; Living In The Light, Creative Visualization  
By **Anthony Robbins**; Awaken The Giant Within, Personal Power  
By **John and Jan Randolph Price**; The Superbeings, Angel Energy, The Abundance  
Book The Other Side of Death  
By **Nick Arandes**; BigMoneyMadeEasy financial success guide at:  
<http://www.BigMoneyMadeEasy.com>

**HEALTH**

By **DR. Brian Weil, M.D.**; Spontaneous Healing, Natural Health, Natural Medicine  
The Natural Mind  
By **Dr. Bernie Siegel, M. D.**; Love, Medicine & Miracles Peace, Love & Healing, How  
To Live Between Office Visits  
By **Dr. Deepak Chopra, M. D.**; Quantum Healing, Creating Health ,Perfect Health  
By **Marilyn Joyce**; 5Minutes To Health

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your life forever! **Log on now and PROSPER!!!**

**THE BEGINNING!**

God Bless You.

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